



Nutritional Information

Power of Fruit Product and Traditional (CC)

Serving	Calories	Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein	Vitamin A	Vitamin C	Calcium	Iron
Size		g	g	%DV	g	g	g	g	%DV	%DV	%DV	%DV

PICK YOUR FLAVOR

Triple Berry

Power of Fruit	16oz.	135	0	0	0	27	0	27	0	0	0	0	6
	24oz.	180	0	0	0	36	0	36	0	0	0	0	8
Traditional	16oz.	270	0	0	3	63	0	60	0	0	0	0	0
	24oz.	360	0	0	4	84	0	80	0	0	0	0	0

Strawberry

Power of Fruit	16oz.	105	0	0	0	27	0	21	0	0	0	0	6
	24oz.	140	0	0	0	36	0	28	0	0	0	0	8
Traditional	16oz.	300	0	0	3	72	0	69	0	0	0	0	0
	24oz.	400	0	0	4	96	0	93	0	0	0	0	0

Strawberry Banana

Power of Fruit	16 oz.	105	0	0	0	27	0	21	0	0	0	0	6
	24 oz.	140	0	0	0	36	0	28	0	0	0	0	8
Traditional	16oz.	260	0	0	0	62	0	59	0	0	0	0	0
	24oz.	360	0	0	0	86	0	83	0	0	0	0	0

Mango Peach

Power of Fruit	16oz.	120	0	0	0	30	0	24	0	75	18	0	0
	24oz.	160	0	0	0	40	0	32	0	100	24	0	0
Traditional	16oz.	300	0	0	0	78	0	75	0	12	6	0	0
	24oz.	400	0	0	0	104	0	100	0	16	8	0	0

Strawb. Mango Peach

Power of Fruit	16oz.	110	0	0	0	28	0	22	0	25	6	0	4
	24oz.	150	0	0	0	38	0	30	0	50	12	0	4
Traditional	16oz.	300	0	0	2	74	0	71	0	4	2	0	0
	24oz.	400	0	0	4	100	0	96	0	8	4	0	0

Pina Colada

Power of Fruit	16oz.	120	1.5	0	3	30	0	21	3	0	45	0	6
	24oz.	160	2	0	4	40	0	28	4	0	60	0	8
Traditional	16oz.	270	1.5	0	6	66	0	60	0	0	45	0	0
	24oz.	360	2	0	8	88	0	80	0	0	60	0	0

Strawberry Colada

Power of Fruit	16oz.	110	0.5	0	1	28	0	21	1	0	15	0	6
	24oz.	150	1	0	2	38	0	28	2	0	30	0	8
Traditional	16oz.	290	0.5	0	2	70	0	66	0	0	15	0	0
	24oz.	380	1	0	4	92	0	86	0	0	30	0	0

Orange Crème

Power of Fruit	16oz.	120	0	0	0	30	0	27	0	480	180	0	6
	24oz.	160	0	0	0	40	0	36	0	640	240	0	8
Traditional	16oz.	300	0	0	0	72	0	69	0	0	90	0	0
	24oz.	400	0	0	0	96	0	93	0	0	120	0	0

Raspberry

Power of Fruit	16oz.	105	0	0	0	27	0	21	0	0	0	0	0
	24oz.	140	0	0	0	36	0	28	0	0	0	0	0
Traditional	16oz.	300	0	0	3	72	0	69	0	0	0	0	0
	24oz.	400	0	0	4	96	0	93	0	0	0	0	0

Pomegranate Cherry

Power of Fruit	16oz.	120	0	0	0	30	0	27	0	135	30	0	0
	24oz.	160	0	0	0	40	0	36	0	180	40	0	0
Traditional	16oz.	180	0	0	0	48	0	48	0	0	0	0	0
	24oz.	240	0	0	0	64	0	64	0	0	0	0	0

Passion Orange Guava

Power of Fruit	16oz.	120	0	0	0	30	0	27	0	135	30	0	0
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Glutamine	4.25g	14	0	0	0	0	0	0	0	4	0	0	0	0
Energy	5g	0	0	0	0	0	0	0	0	0	0	120	6	0

Contains Vitamins B12, B2, Green Tea Extract, Chromium, Biotin, Niacin, Polyphenols, Guarana, Caffeine

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### SMOOTHIE CRÈME

Smoothie Crème	25cc	75	2	0	1	15	0	13	0	0	0	0	0	0
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### OTHER FLAVORS

Energy Ice	2 oz.	160	0	0	1	40	0	40	0	0	0	0	0	0
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Green Apple	1 oz.	90	0	0	0	23	0	21	0	0	0	0	0	0
	16oz.	270	0	0	0	69	0	63	0	0	0	0	0	0
	24oz.	360	0	0	0	92	0	84	0	0	0	0	0	0

Lemon Ice	1 oz.	70	0	0	0	19	0	17	0	0	80	0	2	
	16oz.	210	0	0	0	57	0	51	0	0	240	0	6	
	24oz.	280	0	0	0	76	0	68	0	0	320	0	8	

Peppermint	1 oz.	0	0	0	0	0	0	0	0	0	0	0	0	0
	16oz.	0	0	0	0	0	0	0	0	0	0	0	0	0
	24oz.	0	0	0	0	0	0	0	0	0	0	0	0	0

Sweet Tea	1 oz.	50	0	0	0	14	0	14	0	0	0	0	0	0
	16oz.	150	0	0	0	42	0	42	0	0	0	0	0	0
	24oz.	200	0	0	0	56	0	56	0	0	0	0	0	0

Pumpkin Spice	1 oz	110	1	0	2	26	0	23	1	0	0	4	0	
	16oz.	330	1.5	0	6	78	0	69	3	0	0	12	0	
	24oz.	440	2	0	8	104	0	92	4	0	0	16	0	

Banana	16 oz.	105	0	0	0	27	0	21	0	0	0	0	6	
	24 oz.	140	0	0	0	36	0	28	0	0	0	0	8	
Fresh Banana (medium size)	118g	105	0	0	1	27	3	14	1	2	17	1	2	